

Garden in a Bag

Materials for one: Small zip-lock bag
Paper towel or napkin
3 dry beans---a variety is nice
Water

Directions:

1. Fold towel/napkin so it fits in bag. Tip: Make towel the same size as the bag.
2. Pour approximately 3 Tablespoons of water in the bag, and zip it closed. Let the water absorb everywhere and remove any excess.
3. Place the 3 beans inside so there is room between each. Zip bag closed.
4. Let beans sit overnight and explain that the water will make them swell.
5. The following day observe for swelling beans.
6. It may take up to 3 days or so, for the beans to sprout. When they do, tape them up on a sunny window, explaining that the sun will give them the strength to sprout and the vitamins to turn green.
7. Sometimes the beans become moldy and others in the bag may not. Explain why this might happen and keep the growing going. Will the moldy ones grow or die?
8. You might want to plant the sprouts outside in the garden for more growing and later harvesting.